In recent years, federal and state policy makers have devoted considerable time to identifying barriers that stand in the way of successful work for persons with disabilities. Several key barriers have been identified, such as the fear of losing Supplemental Security Income (SSI) or Social Security Disability Insurance (SSDI) benefits, and the fear of losing Medicaid or Medicare.

Another barrier to employment is the need to obtain funding for the extra expenses associated with achieving a work goal. Those expenses could include payment for college or a training course, purchase of a computer, purchase of a vehicle, vehicle adaptations to allow an individual with a disability to drive it, payment for child care expenses, and the purchase of new clothes to go on job interviews. The cost of these items could put them outside the reach of many individuals who receive SSI or SSDI benefits.

In many cases, funding for these extra expenses could be met through one of New York’s two vocational rehabilitation agencies: the Office of Vocational and Educational Services for Individuals with Disabilities (VESID) or the Commission for the Blind and Visually Handicapped. [For a discussion of services available through VESID or the Commission for the Blind, see the Fall 2001 issue of IMPACT, the quarterly newsletter of the State Assistive Technology Advocacy Project, available on the Neighborhood Legal Services website at www.nls.org/at/atfall01.htm.]

When funding through VESID or the Commission for the Blind is either limited or not available, the SSI program’s Plan for Achieving Self Support (PASS) may be available to help fund those extra items needed to achieve a work goal.

Our lead article will describe the PASS and how it can be used to supplement funding available through VESID, the

FOR TECHNICAL ASSISTANCE IN NEW YORK STATE CALL

1-888-224-3272

OR CONTACT US BY EMAIL: nywisc@nls.org

This publication is sponsored in part by the New York State Developmental Disabilities Planning Council and is a collaborative publication of Cornell University’s Employment and Disability Institute and Neighborhood Legal Services, Inc. (NLS) of Buffalo, NY. The editors and primary authors are James R. Sheldon, Jr. of NLS and Edwin J. López-Soto of Cornell University.
Commission for the Blind, or other sources. We will explain what a PASS can pay for, what needs to appear in the written PASS proposal, and the resources available to assist individuals in preparing PASS proposals. We will also explain how the PASS, by making an individual eligible for SSI, can guarantee future eligibility for continued Medicaid under the 1619(b) program when the individual goes to work. This article should be viewed as fully updating and replacing a similar article that appeared in the Summer 2002 issue of the Benefits Planner.

Readers who have questions or need additional information about the PASS are encouraged to call us at our State Work Incentives Support Center. Our statewide toll-free number for technical assistance calls on any issues related to benefits and work is 1-888-224-3272.

**What Is a PASS? How Does it Work?**

The SSI program provides cash benefits to persons with disabilities. To get SSI, a person must have limited income and resources. Countable resources, such as money in the bank, cannot exceed $2,000 for an individual. In New York, the key SSI monthly rates for 2006 are $690 for individuals who live alone and $626 for individuals who live with others and share expenses. The monthly SSI check is determined by subtracting countable income from the relevant SSI base rate.

**Example.** Deborah has a mental illness and receives $620 in SSDI benefits based on her previous work record. Since she lives alone her SSI base rate will be $690 per month. The SSI program will disregard the first $20 of her SSDI as an unearned income exclusion ($620 - 20 = $600). The $600 in countable income will then be subtracted from the SSI base rate and Deborah will receive an SSI supplement of $90 per month. In New York, since she gets at least $1 in SSI benefits, she qualifies for Medicaid automatically.

The PASS is a rule for excluding, or not counting, income or resources that a person will use to purchase items needed to reach a work goal. Consider the following example.

**Example.** Deborah, from the example above, wants to become a beautician. VESID agrees to pay for tuition, books, and required hair-cutting supplies for an 18-month cosmetology course, as well as fees to take state licensing exams upon her completion of the course. The site of the training program is 31 miles from Deborah’s home and she is not on a bus route. Deborah would like to save toward a car that would allow her to make the 62 mile round trip to cosmetology school. VESID would then provide her with a mileage allowance to pay for gas.

It is June 2006 and Deborah talks to a benefits specialist at one of the Benefits Planning, Assistance and Outreach (BPAO) offices (see box, p. 178) who agrees to help her with a PASS proposal. A cosmetology class starts on January 8, 2007 and Deborah is looking for a way to have a dependable used car by then. Deborah and her BPAO benefits counselor decide that she will propose to set $600 of her monthly SSDI check into a PASS to save toward a used car, insurance premiums, and a modest fund for car maintenance. Since Deborah started taking steps toward this goal as early as January 2006, when she first applied for VESID help, she will request that any PASS approval be retroactive to January 2006. [Note: Beneficiaries and their advocates will want to work directly with the Social Security Administration’s (SSA’s) PASS specialists (see box on this page) to get PASS proposals approved, especially when they seek retroactive approval.]

Deborah’s PASS proposal is approved, retroactive to January 2006. This means that the $600 of SSDI she puts into a special bank account for the PASS is no longer counted in determining her SSI eligibility. Now, her SSI check will be calculated as follows:

\[
\begin{align*}
\text{SSDI check} & \quad \text{Unearned income exclusion} \\
$620 & \quad -$20 \\
-600 & \quad \text{Exclusion for PASS expenses} \\
$0 & \quad \text{Countable income} \\
690 & \quad \text{SSI base rate (living alone)} \\
-0 & \quad \text{Countable income} \\
690 & \quad \text{New SSI check amount}
\end{align*}
\]

With the PASS, Deborah’s SSI check will go
up by $600, i.e., by the full amount of SSDI which she sets aside. When the PASS is approved in August 2006, retroactive to January, this means that Deborah will get an SSI check of $4,200 for the seven retroactive months (January to July 2006). Effective December 2006, Deborah will have $7,200 in her special PASS bank account. She will use $6,500 to purchase a used car, then use the remaining $700 to pay her first six months of car insurance ($500) and begin a car maintenance fund ($200).

After she buys the car and starts cosmetology school, Deborah’s needs for maintaining the car might be $1,600 to $1,900 per year (i.e., $1,000 for insurance, $600 to $900 for maintenance). Deborah and SSA’s PASS specialist agree that she can put $600 into the PASS account in January 2007, getting the maintenance fund up to $800. Thereafter, beginning with February 2007, she will put $150 per month into the PASS account for future maintenance and insurance premiums. With only $150 going into the PASS, effective February 2007, her countable SSDI income is reduced by only $150 and will be $450 per month ($620 - 20 - 150 = $450). Her SSI check will then be $240 per month ($690 - 450) if we apply 2006 SSI rates.

As this example illustrates, a PASS can be used to increase the monthly SSI check, allowing the person to maintain enough money for living expenses after their other income is set aside toward the work goal. The PASS can also be used to obtain SSI, if current income would put the person above the SSI rate, or to retain SSI when income or resources have increased.

Any kind of income can go into a PASS, including wages, disability payments, or income of a parent or spouse that is considered available to the SSI applicant or recipient (i.e., “deemed income”). Any liquid resource can also go into a PASS, including savings, an inheritance, a personal injury award, or retroactive SSI or SSDI payments. When a person, like Deborah in the example, uses a PASS to save toward a future purchase, the PASS allows the person to accumulate resources in excess of SSI’s $2,000 limit.

Criteria for PASS Approval

A PASS proposal must be in writing and submitted to SSA. Anyone can write the PASS, including the person with a disability. We recommend that a trained benefits counselor or rehabilitation professional assist in drafting a PASS. SSA is required to assist in writing a PASS if requested to do so. We hope that many of our readers will become involved in either writing PASSes or identifying when a PASS might be available to an individual. In most regions of the state, you should be able to refer a person to the BPAO project (see box, p. 178) to assist with writing the PASS.

SSA has developed a 14-page application form, form SSA-545, for preparing PASS proposals. Although a PASS proposal can be submitted without using this form, it is always best to use it as the form ensures that all critical information is submitted to make approval more likely. You can obtain a copy of the form from your local SSA office and it is also available on SSA’s website in a PDF format at www.ssa.gov/online/ssa-545.pdf. If you have trouble obtaining the PASS form, call our toll-free technical assistance line at 1-888-224-3272 and we will get a form to you.

The written PASS must contain:
- a specific occupational objective;
- a list of items to be funded and their cost;
- the income/resources to go into the PASS;
- specific savings and disbursement goals; and
- a timetable for achieving the goal.

A PASS proposal must specify an expected level of earnings when the PASS is completed. For SSI beneficiaries, that earning level should be enough to substantially reduce or eliminate dependence on SSI. For SSDI beneficiaries, the earning level should be enough to eliminate dependence on SSDI (i.e., earnings must be above the 2006 monthly substantial gainful activity level of $860 or $1,450 for individuals who are legally blind). The SSI beneficiary must comply with the terms of the approved PASS.

What Items Can Be Funded with a PASS?

A PASS can fund any item that is connected to

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**Laws, Regulations and Policies Governing the PASS**

Statutes: 42 U.S.C. §§ 1382a(b)(4)(a)(iii) & (b)(iv), 1382b(a)(4)

Regulations: 20 C.F.R. §§ 416.1112, .1124, .1161, .1180-.1182, .1210 & .1225-.1227


NOTE: The POMS provisions are the most important reference if you are preparing PASS proposals. The PASS-related provisions, along with all other POMS provisions, are easily accessible on SSA’s website at www.ssa.gov/representation.
achieving a work goal. SSI’s policy manual contains an extensive list of items that can be funded using a PASS. See Social Security Program Operations Manual Systems (POMS) SI 00870.025 B.5.g. The following is a very short list of items that can be funded with a PASS:

- college or trade school tuition
- tools and equipment, including specially adapted items for a job or home office
- a computer and related equipment, including adaptations to allow use in school, work or in a home office
- a vehicle and/or any special modifications to it
- child care expenses
- work uniforms or professional attire as required for the job setting

**Example.** Maria, age 38, was injured in a car accident at age 33. She uses a power wheelchair for all mobility and personal care aides help her at home. Two years ago she received a $275,000 settlement from her accident. $220,000 was used to buy a home and equip it for her disability, and $35,000 to buy a modified van that she can drive from her wheelchair. She has lived off the remaining $20,000 and currently has $13,000 left. Before the accident, Maria worked part-time as a nurse. She currently receives $488 in monthly SSDI benefits. The only other household income is child support payments of $300 per month for her two children, ages six and eight.

Maria wants to attend a four-year college program to become a paralegal. With her medical background, she hopes to do medically-related legal work. Based on the limitations imposed by her disability, she plans to finish college in five years. She will need money for tuition, books, a computer, and to replace her van when she graduates (it will be nearly eight years old then). She is concerned that: $738 in monthly household income will not meet expenses when her savings are gone; she will be unable to pay for personal care aides; she will be unable to pay for a power wheelchair to replace her current five-year old wheelchair; and she will be unable to pay a babysitter when she attends afternoon classes.

It appears that Maria’s needs can be met through a combination of funding from VESID, Medicaid, and an approved PASS. She would be eligible for VESID based on her disability and her work goal to become a paralegal. VESID should be able to pay for the van modifications to allow Maria to drive the van from her wheelchair. Although VESID will only fund these items for persons who meet a financial needs test, the SSI and SSDI beneficiaries automatically meet the financial needs test.

Currently, Maria is not eligible for SSI because of the $13,000 bank account. Without that money, she would be eligible for SSI at the 2006 living with others rate of $626 per month. The SSI program would count $468 of her $488 SSDI check, allowing her to get an SSI check of $158 per month. (The SSI program would not count the $250 of monthly child support received for Maria’s children.) When Maria becomes eligible for SSI, she will automatically be eligible for Medicaid which should then become a payment source for the replacement wheelchair, the personal care aides, and any other medically related expenses.

Maria proposes a PASS to set aside $11,500 of her savings in a special account toward the future purchase of a replacement van. She also proposes to set aside $468 of her SSDI check for: child care expenses during college; for additional savings for a van projected to cost $22,000; and to establish a home work station/study area in her spare bedroom (i.e., to purchase a computer package with a specially designed keyboard and a specially designed desk for a wheelchair user). She agrees in her PASS proposal that she will exhaust any resources available through VESID, state Tuition Assistance Payments (TAP), and other non-loan assistance.

If the PASS is approved, the $11,500 will be exempt and not counted against SSI’s $2,000 resource limit (the $1,500 retained in her regular bank account also keeps her under SSI’s resource limit). The $468 of SSDI that she puts into the PASS will reduce her countable income to $0 per month ($488 - 20 = 468 - 468 = $0). Thus, she will now be eligible for a $626 monthly SSI check and automatic Medicaid.

**Consider what Maria will accomplish through proactive planning.** First, VESID is identified as a funding source for tuition, books, potential computer equipment, and future van modifications. Second, SSI’s PASS will be used to exclude savings for the future van purchase, with income excluded to pay for child care, computer equipment, and computer accessories to the extent not covered by VESID. Third, Medicaid eligibility is established through creating SSI eligibility, creating funding for personal care ser-
vices and a replacement power wheelchair. Finally, by ensuring SSI eligibility, the family’s monthly income increases by $158, making it more realistic that Maria can attend college and meet household expenses. Maria will apply for student loans only if she cannot meet her expenses after getting support from VESID, the PASS, Medicaid, and the SSI check.

**Time Limits for the PASS**

There is no firm time limit for a PASS. A PASS proposal must contain a beginning date and a “reasonable ending date.” So, for example, a reasonable ending date for an individual attending a 12-month auto mechanics training program might be 14 to 15 months after the program begins (i.e., 12 months for the program and a two to three-month period to obtain suitable employment). That period might be expanded if the individual would not be self supporting right away because of the need to use money set aside in the PASS to pay for mechanic’s tools.

**Example.** Let us return to Maria. Her PASS is approved to attend college and become a paralegal. She will need five years to complete this four-year undergraduate program, as the reduced course load will allow her to work within the limitations of her disability. For Maria, a “reasonable ending date” would be three months after the expected graduation date, allowing her the three months to find suitable employment.

**An Approved PASS Can Be Amended**

Maria enters college seeking to become a paralegal, but fails to plan for several expenses. She must purchase computer software and Internet services, to do assignments involving use of websites. She also needs to pay for an increase in room and board costs. VESID has assisted Maria up to its dollar limits. She needs an extra $500 for
the software; $20 per month for Internet services; and an extra $250 annually for room and board.

Maria submits a written amendment to her PASS to include these items. The amendment is approved and she continues to put her full SSDI check (minus the $20 exclusion) into the PASS and continues to get SSI at the full living-with-others rate of $626 per month. While the amendment to the PASS was absolutely necessary, the benefits counselor must inform Maria that this will lessen the amount she can save over the next five years for the purchase of the van.

**Using the PASS to Gain Access to 1619(b) Medicaid**

In both our Fall 2002 and Summer 2003 issues of the Benefits Planner, we discussed section 1619(b) Medicaid. This special rule allows individuals who lose SSI due to wages to continue Medicaid in most instances if their disability continues, annual income from wages is $40,462 or less in 2006, and absent the wages the individual would still be eligible for SSI.

**Example.** Maria, from the example above, was not eligible for SSI until her PASS was approved. When she completes college, she goes to work as a paralegal earning $24,000 per year. Since her PASS was completed upon graduating and obtaining this job, her income from the job will be enough to eliminate her eligibility for SSI. Since she lost the SSI due to wages and her annual income from employment is less than $40,462, she should be eligible for Medicaid under section 1619(b). This will ensure continued payment for the personal care aides that she will continue to need.

**Conclusion**

The PASS is a very important work incentive as it creates a source of funding for items needed to achieve a work goal. The PASS should be viewed as a supplement to the assistance that can be offered by VESID and the Commission for the Blind. As always, readers are encouraged to call the State Work Incentives Support Center’s toll-free number, 1-888-224-3272, if you have questions about the PASS or other issues related to benefits and work.

### THE PASS AND MEDICAID

**The PASS Can be Used to Reduce the Medicaid Spend Down Amount**

For individuals with disabilities who do not receive SSI, Medicaid is available through the medically needy program, often called the spend down program. In 2006, Medicaid’s monthly in

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**Benefits Planning Assistance & Outreach Projects in New York**

The following are the Benefits Planning, Assistance and Outreach (BPAO) projects serving New York State and the contact persons for each office. The BPAOs are funded by the Social Security Administration and are available to inform SSI and SSDI beneficiaries of the work incentives available to them and how going to work will affect their SSI, SSDI, Medicaid, or Medicare benefits.

<table>
<thead>
<tr>
<th>Resource Center for Independent Living</th>
<th>Connie Angelini</th>
<th>315-797-4642</th>
<th>401-409 Columbia Street P.O. Box 210, Utica, NY 13503-0210</th>
</tr>
</thead>
<tbody>
<tr>
<td>Research Foundation for Mental Hygiene (“Brooklyn Works”)</td>
<td>Olga Ivnitsky</td>
<td>718-256-5631</td>
<td>NY State Department of Labor 17-17 Avenue Z Brooklyn, NY 11235</td>
</tr>
<tr>
<td>Neighborhood Legal Services of Buffalo, Inc.</td>
<td>Krista McDonald</td>
<td>716-847-0650</td>
<td>295 Main Street, Room 495 Buffalo, NY 14203</td>
</tr>
<tr>
<td>Abilities, Inc. National Center for Disability Services</td>
<td>Leslie Monsen</td>
<td>516-465-1522</td>
<td>201 I.U. Willets Road Albertson, NY 11507</td>
</tr>
<tr>
<td>Barrier Free Living, Inc.</td>
<td>Angel Caula</td>
<td>212-677-6668</td>
<td>270 East Second Street New York, NY 10009</td>
</tr>
<tr>
<td>Independent Living, Inc.</td>
<td>Ian Weinstein</td>
<td>845-565-1162</td>
<td>5 Washington Terrace Newburgh, NY 12550</td>
</tr>
</tbody>
</table>

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come limit is $692. If an individual has countable income of more than $692, the individual must pay for or incur medical expenses to bring income down to $692 (i.e., the person must "spend down") before becoming eligible for Medicaid. A PASS can be used to reduce income for Medicaid purposes in the same way it is used to reduce income for SSI purposes. By doing this, the spend down is either reduced or eliminated.

**Example.** Robert, age 38, has a mental illness and severe rheumatoid arthritis, and receives $1,062 per month in SSDI benefits. After excluding the first $20 of SSDI, the Medicaid program will count $1,042 as income and Robert will have a $350 spend down. He has been accepted in a community college program with a goal of becoming a mental health therapy aide. VESID will pay for his two years of college. Robert’s 1992 Chevy Cavalier needs a new transmission and he can no longer drive it, without the installation of hand controls, because of the progressive nature of his arthritis. He would like to use a PASS to purchase a newer used car to make the 48-mile round trip commute to school, which is not on a bus route. VESID would then pay for the hand controls.

Let us assume that Robert can either obtain credit or a co-signer for a car loan, that loan payments on a 48-month loan will be $190 per month, and that insurance payments on the car will be $60 per month. Robert could propose a Medicaid PASS to his local Department of Social Services (or the Human Resources Agency in New York City) to put $250 of his SSDI into a special account to pay for his car payments and insurance payments. If approved, his countable income would be reduced from $1,042 to $792 and his spend down reduced from $350 to $100 per month. If Robert could justify another $100 per month toward computer equipment and set aside $350 per month for the PASS, his countable income would be reduced to $692 and his spend down eliminated.

Welcome to *The Benefits Planner*, a Quarterly Newsletter of the NY State Work Incentives Support Center

This newsletter will provide valuable information on how work for persons with disabilities affects government benefits, with an emphasis on the Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) work incentives. Each newsletter will contribute to an ongoing dialogue on topics related to benefits and work. Back issues will appear on the Cornell University website, [www.ilr.cornell.edu/edi/s-BenefitsPlanners.cfm](http://www.ilr.cornell.edu/edi/s-BenefitsPlanners.cfm) and on the Social Security section of the Neighborhood Legal Services website, [www.nls.org](http://www.nls.org).

If you have special needs and would like *The Benefits Planner* sent in a special format, would like our Spanish version or would like the newsletter delivered by email, please call our toll-free technical assistance line, 1-888-224-3272.